



Change of Heart News

Change of Heart Support Group/University/Health Alliance Newsletter

July 2010

2010 ANNUAL CHANGE OF HEART PICNIC



-- A ROYAL "HEART" FLUSH --

Sunday, July 18, 2010 12 noon – 5pm
FOP (Fraternal Order of Police) Lodge
on Joe Nuxhall Way
at Joyce Park in Fairfield, Ohio

IT'S TIME AGAIN!! -- You seemed to like the changes we made to our picnic last year so we are making it even bigger this year! The Picnic Committee has been working very hard to give you the same great food, the visiting with friends, and activities for kids, but we added more games of chance. Again, we will give you play money to use for the games. At the end of the day, use your play money "winnings" to buy things (great things) at a live auction. So now it's up to you—come, have fun, eat great food, visit with friends, and go home with great things! So, make your plans and join us on July 18.

SCHEDULE OF EVENTS --

- 12 noon –Registration opens
- 12:30 -- Deadline for desserts to be judged
 - Fun and Games begin
 - Silent Auction begins
- 1:00 – Food lines open
- 2:15 – Transplant Picture (Games will be suspended for 15 minutes while picture is being taken and resume immediately after the picture is taken.)
- 2:30 – Corn Hole, golf chipping, hillbilly golf
- 4:00 –Royal Hearts Flush live auction begins
 - Silent Auction ends
- 4:45 – Split-the-Pot Winner announced (Must be present to win)

***SEE PAGE 2 FOR A MAP AND DIRECTIONS TO THE FOP LODGE

TRANSPLANT ANNIVERSARIES

JULY

Robert Crace – 24th
Herman Luckner – 24th
Ralph Monson – 20th
Imogene Souder – 18th
Gerri Meisel – 16th
Don Cole – 10th
Lloyd Spears – 7th
Lynne Sowrey – 7th
Robert Miller – 6th

Gerald Estes – 4th
Scott Umbarger – 4th
Mike Gillman – 4th

NEW TRANSPLANT

Dillon Short – June 30, 2010
Dillon is 13 years old and this is his 2nd heart transplant. He received his first at 18 months old. Dillon and his parents have attended several of our COH picnics over the years.

DID YOU KNOW?

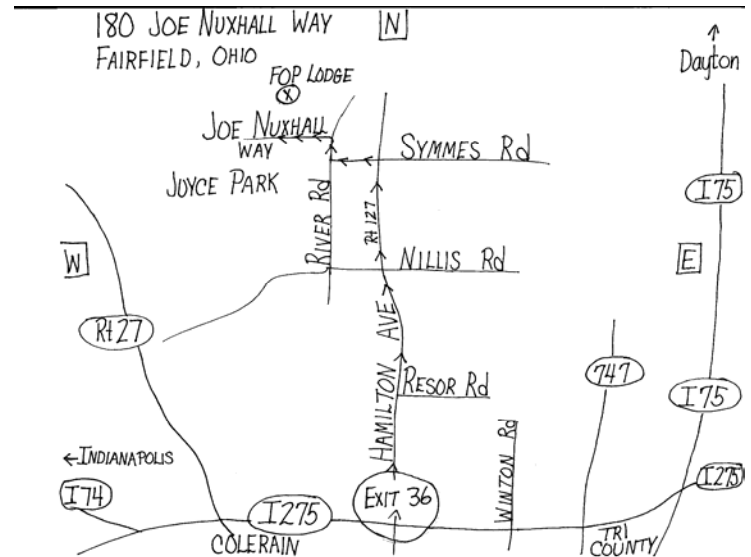
- that foods labeled “multi grain” are not necessarily the healthy grained food you expected? Unless the label on your bread or cereal is marked “WHOLE GRAIN”, it is the same as plain ole white bread.
- that cell phone numbers are now public? All cell phone numbers have now been released to telemarketing companies and when you receive a call on your cell phone, you will be charged for that call.

To prevent this, call the National DO NOT CALL list – 888-382-1222 – from your cell phone. (You must call from the cell phone number you want to have blocked.)

PRAYER LIST

Steve Carr
Terri Carr
Darrell Harper
Lena Glasner
Wink White

DIRECTIONS TO THE COH PICNIC



To get to the FOP Lodge, you will need to be on I-275 north of Cincinnati between I-75 (Tri-County) and Route 27 (Colerain).

--Take **EXIT 36** (north) towards Hamilton. It will be marked Hamilton/Fairfield – Also Rt 127.

--Drive 6 miles to Symmes Rd. Turn left (west) on Symmes Rd. You will see signs to Joyce Park.

--Take Symmes Rd to River Rd. (It's about 2 blocks.) Turn right on River Rd. Then take a quick left onto Joe Nuxhall Way. That's also the entrance to Joyce Park.

--The FOP Lodge is a quarter mile on the right. It is back a long driveway. There's lots of parking.

Look for red and white balloons tied to our Change of Heart Signs – also the signs to Joyce Park will help you locate Joe Nuxhall Way.

BRING TO THE PICNIC

- your family
- lawn chairs if you want to sit outside
- a dessert to serve 10-12 people (If you want to enter the contest, you must be there by 12 noon)
- items for the auctions

NEWS AND VIEWS BY ESTHER

I know how much you all missed me last month, sorry about that, but I just got lucky. Seriously, with Marilyn taking over David's job plus handling the newsletter, it was a bit overwhelming. I think she did a great job getting out what she did. A little patience people and things will get back to normal (OK mostly normal). Marilyn has agreed to stay on as President in David's stead and RUBY MOORE will take over as Secretary. No one wants to take over my job, so you are stuck with me again!

Our June meeting was held at Buca di Beppo Italian restaurant and, as usual, the food was great and we all had a good time.

DARRELL HARPER, the "I will only drive a Ford truck" guy gave DON BURKE, the "I am a true Chevy truck driver", a really nice watch with a Ford Logo in REALLY big Ford letters. What is really funny was that besides Darrell, we had three other people who had or still work for Ford. – Darrell, OSCAR TIMMONS and BILL STOECKEL I guess Don was a bit outnumbered.

For those of you who DO NOT attend the meetings, this Ford-Chevy rivalry has been a long waged war between these two. Don, I think you lost this time!

I guess I shouldn't tease, but since Al and I are always getting lost, it's nice to have company. MYRTLE and OSCAR TIMMONS (yes, the same two who got lost last month and had to call the bartender to find the restaurant) were lost again. They again called to get directions only to find that they were right in front of the place. Now that is funny! The fact that they spent the entire day at the hospital because she forgot to take her prednisone (shame on you, Myrtle) was not funny. Everything is fine now and that is a real blessing.

We had a nice surprise member at this meeting. KURT OBLINGER, a young transplant who does a lot of work for the American Heart Association was in attendance. Kurt just celebrated his 5 year transplant anniversary with "about 40 friends and family members" at a Mexican restaurant (now that's healthy!) where he found out that he will be given a new title – uncle. His brother and wife are expecting their first child and from the way he sounds, he is almost as excited as they are. In addition, Kurt has just become a home owner. Wow!

As a volunteer for the American Heart Association, Kurt's Heart Walk team (Team Oblinger) has raised almost \$85,000 since their start in 2006. The team is consistently on the top for funds raised and number of walkers participating. His involvement with Team Ohio and NKF for the US Transplant Games has increased since he accepted a position on their planning committee. Kurt's primary responsibilities are assisting any team captains during the games, fundraising and team member recruitment. Kurt is very proud to say that his team will be one of the largest teams this year and was able to help secure \$3,000 in donations from UC, Children's, and Christ Hospitals. At the games in Madison Wisconsin in July the team will have the name of another hard working speaker for organ donation – David Young. Kurt also speaks as much as possible to high school students on behalf of the Life Center, which has asked Kurt to join their development board as a committee member.

DEBBIE and BILL STOECKEL attended an outing for the Life Connection and as Corporate sponsors to the Gift of Life Fund honored David Young and Change of Heart. Both names were on the billboard. Bill and Debbie's dad plus two others played golf. The money raised goes to speaking and teaching about organ donation. Nice job guys.

I had some news from LENA GLASNER and it wasn't too good. She got pneumonia and had a gall bladder attack at the same time. She was in the hospital for five days while they tried to get her blood thinner and treat the pneumonia before taking out her gallbladder. Her liver was affected and she started to bleed internally and was very close to dying. Lena went down to Louisville to her cardiologist who told her everything was shutting down (except her heart, thank God). She gained 80 pounds because of all the bleeding and is still in a lot of pain due to the excess blood.

Another bit of bad news is from TERRI CARR, who has been going to Cleveland Clinic to get evaluated for another TX and was turned down because she is too high risk. Terri will get a defibrillator on June 25, although she is high risk for this also – but it is her only option.

(Continued on Page 4)

(News and Views by Esther – Continued from page 3)

PICNIC TIME IS HERE AGAIN. If you all haven't marked your calendar for July 18, DO IT NOW. We have an air conditioned building plus picnic areas out doors. All food and drinks are free – although we do accept donations to cover the cost to COH. Bring your family and friends. Enjoy a really great day. People, IT IS FREE. It doesn't get much better than that!

As you all know from last year, the reviews were the best we ever got and your officers are working just as hard to make it better this year. We will again have gambling dessert contest, silent auction, children's games, split the pot, a "bucket auction, and a live auction using your funny money from the gambling tables. (We will give you free money when you register and then good luck on building your bank roll.) This year we ask that only those people playing the games sit at the game tables. (Last year we had people and kids just sitting at the tables observing while people who wanted to play had to wait for a chair.)

Remember parents, there will be supervised games and prizes for kids of all ages. I am really excited to tell you that we will have an illusionist for the kids (magician) for an hour, plus a face painter (for anyone). Those of you who were there last year know the face painter was fantastic.

Of course there will be cotton candy, popcorn and lots of other things. JEFF GAUNCE will entertain us with great music. (Jeff will play at the Old Fashioned Day in Walton, KY on Sept. 11 at 1 pm on center stage, so all of you who like to hear Jeff play, it's a chance for a free concert.)

In the last letter, you will note that we would REALLY appreciate any and all items for the silent auction and for the live auction. Your officers are working very hard to make this the best ever, so please help us out with prizes for our auctions and also gifts for the kids games. If you don't want to enter the baking contest, we would appreciate any dessert items that you could bring.

If anyone has questions, please call one of the officers listed in this letter.

See you at the picnic!!!

Esther



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DATES FOR YOUR CALENDAR

September 2 – Meeting at Golden Corral
on Ridge Avenue

December 4 – COH Christmas Party